

Official Gracie Instructor Manual

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Renner Gracie (born November 10, 1983) is an American fourth-degree black belt in Gracie Jiu-Jitsu, a head instructor at the Gracie Jiu-Jitsu Academy, and co-creator

Gracie Combatives - training programs

Gracie Combatives. Gracie Combatives is the official beginner program of the Gracie Jiu-Jitsu Academy. In this program, students learn the 36 most important

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Nov 25, 2014 Tactical Combatives Instructor Course; Official Home of Modern Army Combatives The mission of the U.S. Army Combatives School is to train

About our head instructor michael miller

Michael Miller is an international martial arts instructor who has been involved with the martial arts for over twenty years. He currently holds a fifth degree black

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