

Chito Ryu Yoshukai Manual

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Chito- ryu karate - fighting styles - fight

Chito-ryu is a style of karate founded by Doctor Chitose Tsuyoshi. The name of the style translates as 1,000 year old Chinese Style. The character Tou () refers to

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Masami Tsuruoka kept Chito-ryu karate before the Canadian public from 1958 later noted as founder of Yoshukai Karate, and some of his students including

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27 movements - youtube

Jan 15, 2011 27 movements with no speed or power sources.

9 traditional karate throws - scribd

This booklet is published at the occasion of the 2013 Yoshukai Karate Winter Camp. Among his students was Tsuyoshi Chitose Sensei who founded Chito Ryu Karate,

30 moves of chito- ryu archives - ryusei - barrie

Here s an interesting video circa 1970, showing U.S. karateka demonstrating the 30 moves of Chito-ryu. Many of these correspond to what we practise today in

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Chit -ry - expand your mind

Yoshukai is a Japanese karate style adapted from Chito-ryu by Yoshukai founder Peter Cunningham authored the definitive kickboxing training manual

Chit -ry - wikipedia, the free encyclopedia

The International Chito-Ryu Karate-do Federation of Australia (ICKFA) Yoshukai is a Japanese karate style adapted from Chito-ryu by Mamoru Yamamoto.

Karate - black belt wiki

Black Belt Wiki - Free instructions Chito-Ryu Katas; Enshin Katas; Shuri-Ryu; Toon-Ryu; Uechi-Ryu; Wado-Ryu; Yoshukai; References. Shotokan Karate of America,

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